



Resource List

Additional Health Care Proxy and Living Will Forms

Community Conversations on Compassionate Care Booklets

Contains NY State Health Care Proxy and Living Will forms with instructions. Download from www.compassionandsupport.org or contact the Excellus BlueCross BlueShield regional office at 1-800-633-6066.

Five Wishes Advance Directive Document

Available from www.agingwithdignity.org or calling 1-888-5-WISHES (594-7437). Individual copies are also available at no charge at Action for Older Persons, Inc., 30 West State St. (Colonial Plaza), Binghamton.

State- Specific Health Care Directives

Available free for download from Caring Connections, a program of the National Hospice and Palliative Care Organization, at www.caringinfo.org.

Medical Orders for Life Sustaining Treatment (MOLST)

Download MOLST samples from www.compassionandsupport.org or contact the Excellus BlueCross BlueShield regional office at 1-800-633-6066.

Health Care Proxy and Living Will forms are also available from your health care provider.

Free Assistance with the Completion of Health Care Directives

Advance Planning for End of Life (APEL) Program

By appointment only. A variety of forms are available, including the Five Wishes and State specific Health Care Proxy and Living Will forms. Call Action for Older Persons, Inc. at 722-1251.

Speakers on the Topic of Advance Care Planning

Contact the Southern Tier End of Life Coalition by sending an email to comments@steolc.org.

Visit **www.steolc.org** for more information,
and a comprehensive list of local events and resources!